



TERMS & CONDITIONS

WE UNDERSTAND THAT LIFE HAPPENS AND CANCELLATIONS ARE SOMETIMES UNAVOIDABLE. PLEASE READ THE TERMS & CONDITIONS BEFORE YOU BOOK.

- 1 Personal training sessions that are not rescheduled or canceled 24 hours in advance will result in forfeiture of the session and a loss of the financial investment at the rate of one session.
- 2 Clients arriving late will receive the remaining scheduled session time, unless other arrangements have been previously made with the trainer.
- 3 The expiration policy for the introductory package requires completion of all personal training sessions within 14 days from the date of the first appointment. Personal training sessions are void after this time period.
- 4 No personal training refunds will be issued for any reason, including but not limited to relocation, illness, and unused sessions.